





# Influencing Adult Pneumonia Vaccination Policy

Authors

Dr. Jane Barratt

Ms. Katrina Bouzanis



# Contents

Background	1
Pneumonia Vaccine Policy in the UK	1
Government Pneumonia Vaccine Information	2
Web pages	2
Infographics and posters	2
Resources for health professionals	2
Non-Government Pneumonia Vaccine Information	2
Age UK	2
Web pages and guides	2
Factsheet	9
Diabetes UK	3
British Lung Foundation	
British Heart Foundation	
Gaps in Pneumonia Vaccination Messaging	2
References	6

# Background

In the United Kingdom, it is estimated that by 2040, one in seven will be over the age of 75 years<sup>1</sup> and in England by 2028, the percentage of people aged 65 and older is expected to rise to 20.7%.<sup>2</sup> Alongside population ageing is the increased likelihood of chronic diseases. Noncommunicable diseases (NCDs), including cardiovascular diseases, cancer, diabetes and chronic respiratory diseases account for 89% of all deaths in the UK.<sup>3</sup> Older people and those with chronic NCDs<sup>4</sup> have weakened and compromised immune function<sup>5</sup> and are therefore at risk of serious complications from vaccine preventable diseases (VPDs) such as influenza, pneumococcal pneumonia and pertussis.

On a national scale community-acquired pneumonia (CAP) is a growing public health concern in the UK, with serious social and economic consequences. CAP disproportionately affects older people, with an incidence of 7.99 per 1000 people 65 years and older.<sup>6</sup> For this cohort, CAP often results in hospitalization, a diminished long-term quality of life and increasingly death.<sup>5</sup> In 2017, 401.76 per 100 000 people over 70 years old died from pneumonia, compared with 3.15 deaths per 100 000 children under 5 years and 1.96 deaths per 100 000 people between the ages of 15 to 49 years.<sup>7,8</sup>

According to the Immunization Agenda 2030, vaccines protect the health of older people and enable older people to live longer and healthier lives. Pneumococcal pneumonia is a vaccine preventable disease. Pneumococcal vaccination is included in the national immunisation plan schedule for those aged 65 years and over. There appears to be a greater emphasis on pneumococcal vaccination for young children to the extent that older adults are frequently excluded from public health messaging. According to the PneuVUE study, examining adult pneumonia vaccination in Europe, 15% of older adults in the UK consider themselves to be very well informed on pneumonia vaccination and only 28% have received a pneumonia vaccination.

# Pneumonia Vaccine Policy in UK

I In the UK, the organization of healthcare and public health services is devolved to the governments of England, Scotland, Wales and Northern Ireland. The UK has a single immunisation schedule, and immunisation policy in all four nations is advised by the Joint Committee of Vaccinations and Immunisations. The implementation of immunisation policy varies between the nations, therefore this report will consider pneumonia vaccination policy and campaigns in England. The National Health Service (NHS) England, Public Health England (PHE) and the Department of Health work jointly to implement immunisation services.

There are two types of pneumococcal vaccines. According to the NHS vaccination schedule, the pneumococcal conjugate vaccine (PCV) is used to vaccinate children under 2 years old, while the pneumococcal polysaccharide vaccine (PPV) is given to older adults.<sup>13</sup> The NHS vaccination schedule indicates pneumococcal vaccination for those aged 65 years and older and adults at risk due to long-term health conditions.<sup>10</sup> Vaccines included in the NHS routine immunisation services are available at no cost and predominantly available through general practitioners.<sup>14</sup>

#### Government Pneumonia Vaccine Information

#### Web pages

The NHS website provides general vaccine information, such as the routine immunisation schedule. The NHS vaccination schedule web page, visitors are directed to an overview of pneumococcal vaccines. The "Pneumococcal vaccine overview" web page provides information on who should have the pneumococcal vaccine, the two types of pneumococcal vaccines available and the provision of PPV to adults aged 65 and older and adults with chronic health conditions. From this web page, a patient information leaflet for the PPV is linked, which details what the vaccine is, what it is used for, side effects and ingredients. Information on pneumococcal vaccination is also accessible through a web page on pneumonia, which details symptoms, at risk groups, causes, treatment and prevention.

#### Infographics and posters

Infographics and posters in support of pneumococcal vaccination for adults focus on vaccination throughout the life course and the routine immunisation schedule (Figure 1).<sup>19,20</sup> These posters lack details on the burden of pneumonia in older adults and offer few details on pneumonia vaccination, such as cost, how to receive the vaccine or where to find more information.

#### Resources for health professionals

Public Health England provides professional guidelines for healthcare providers on pneumococcal vaccination. Resources include the Green Book,<sup>21</sup> which contains the latest pneumococcal vaccination procedures, and a PPV patient group direction template,<sup>22</sup> which facilitates the delivery of the PPV in accordance with national immunisation programme guidelines.



Figure 1. Poster on vaccination throughout life from Public Health England.

### Non-Government Pneumonia Vaccine Information

#### Age UK

#### Web pages and guides

Pneumonia vaccination is featured in web pages discussing preventative actions such as health screening that could save your life and advice on keeping well in the winter. This information is discussed alongside influenza and shingles vaccination, and other healthy behaviours such as NCD screening, eating well and exercise.<sup>23,24</sup>

Pneumonia vaccination is also mentioned as a key measure of prevention in downloadable guides on healthy living and keeping healthy in the winter.<sup>25,26</sup>

#### **Factsheet**

A factsheet on NHS services provides information on a free jab against pneumonia for those over 65 years.<sup>27</sup> The factsheet indicates that the vaccine prevents pneumonia, septicemia and meningitis and is available through a general practitioner.<sup>28</sup>

#### **Diabetes UK**

The Diabetes UK website features a position statement from 2014<sup>28</sup> and an update to this position statement in 2020, due to the impact of COVID-19,<sup>29</sup> which supports the recommendation for people with diabetes to receive pneumococcal vaccination.

The web page "Keep free from flu this winter" also mentions vaccination to protect against pneumonia.<sup>30</sup> The page indicates that the vaccination can be given at any time during the year and that people with diabetes should ask their doctor about receiving pneumonia vaccination.

#### **British Lung Foundation**

The British Lung Foundation (BLF) website outlines information on pneumonia and indicates vaccination as a prevention strategy.<sup>31</sup> The web page "Keeping well in the cold: what you can do?" advises to "ask about a pneumonia jab" and outlines the recommendation for adults with chronic lung conditions including chronic obstructive pulmonary diseases (COPD), bronchiectasis or pulmonary fibrosis.<sup>32</sup> Many of the web pages highlight influenza vaccination by framing information with the title "free flu jab". Pneumonia vaccination information is sometimes also highlighted in these boxes (Figure 2).<sup>33</sup>

#### ····· Free flu jab ········

You and the person you care for will want to avoid flu viruses going around over the winter, so make sure you have a flu jab. Some people with long-term lung conditions, their main carers and people over 65 are entitled to a free flu jab every year.

The NHS also provides <u>a one-off pneumonia vaccination</u> for people with a long-term health condition and people over 65. This protects you from serious forms of <u>pneumococcal infection</u>. Ask your health care professional about this for the person you care for and yourself.

Figure 2. Web page from the British Lung Foundation highlighting pneumonia vaccination for older people.

#### **British Heart Foundation**

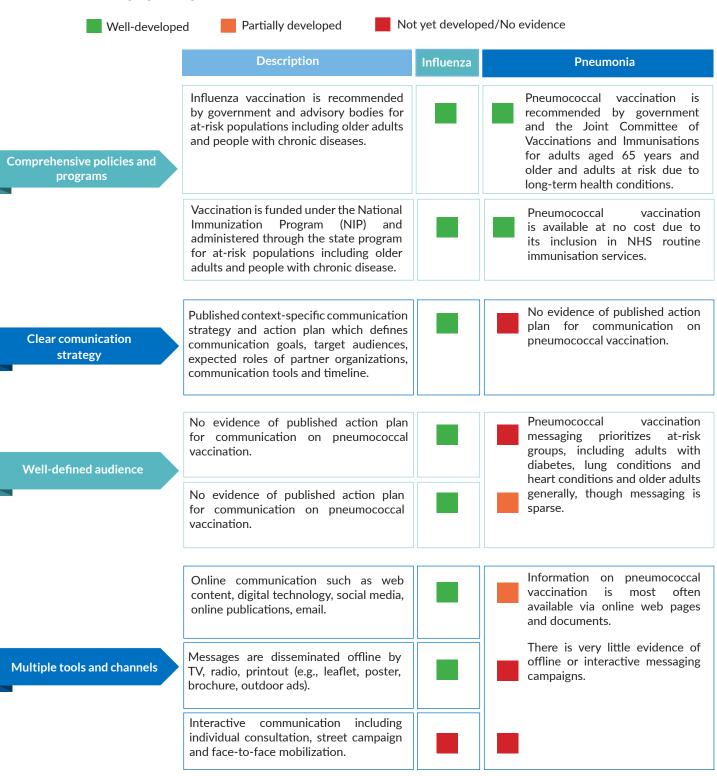
The British Heart Foundation provides some web pages which mention pneumococcal vaccination. Web pages titled "How to beat the cold" <sup>34</sup> and " Cold weather and your heart" <sup>35</sup>. Pneumoccocal vaccination is also recommended for those with heart disease on a web page primarily about flu which provides information on flu symptoms, prevention and vaccination.<sup>36</sup>

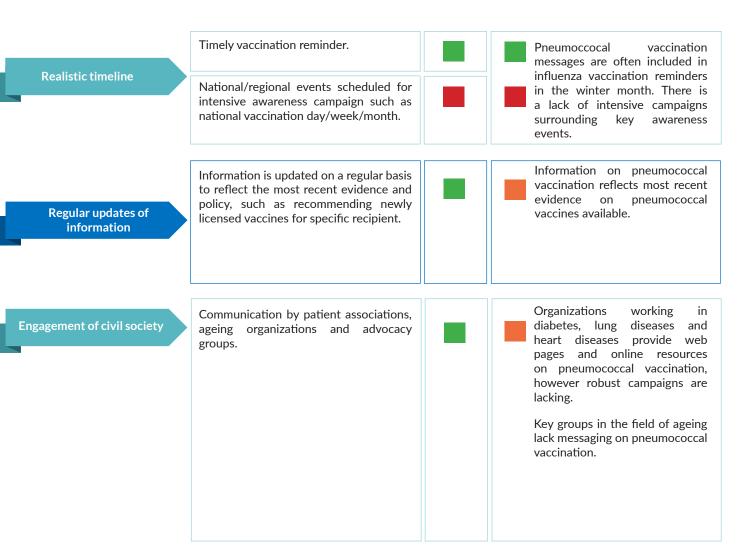
A question and answer page on COVID-19 also indicates that pneumococcal vaccination does not protect against COVID-19.<sup>37</sup>

# Status of National Pneumonia Vaccination Messaging

Table 1 presents a comparison of pneumonia vaccine scheduling and messaging in England to that of influenza as described in Changing the Conversation on Adult Influenza Vaccination.<sup>38</sup> Changing the Conversation on Adult Influenza Vaccination identifies seven components of effective adult influenza campaigns<sup>39</sup> which have been used to evaluate pneumonia vaccination messaging.

**Table 1.** Status of pneumonia vaccination messaging and comparison to influenza vaccination messaging in England.





#### References

- 1. Government Office for Science. (2019). Future of an ageing population. Retrieved from https://www.gov.uk/government/publications/future-of-an-ageing-population
- Office for National Statistics. (2020). Subnational population projections for England. Retrieved February 26, 2021, from https://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/populationprojections/bulletins/ subnationalpopulationprojectionsforengland/2018based
- 3. World Health Organization. (2018). Noncommunicable Diseases (NCD) Country Profiles. Retrieved from https://www.who.int/nmh/countries/2018/gbr\_en.pdf?ua=1
- 4. Chalmers, J., Campling, J., Ellsbury, G., Hawkey, P. M., Madhava, H., & Slack, M. (2017). Community-acquired pneumonia in the United Kingdom: a call to action. Pneumonia, 9(1), 15. https://doi.org/10.1186/s41479-017-0039-9
- 5. Lode, H., Ludwig, E., & Kassianos, G. (2013). Pneumococcal infection Low awareness as a potential barrier to vaccination: Results of a European survey. Advances in Therapy, 30(4), 387–405. https://doi.org/10.1007/s12325-013-0025-4
- Millett, E. R. C., Quint, J. K., Smeeth, L., Daniel, R. M., & Thomas, S. L. (2013). Incidence of Community-Acquired Lower Respiratory Tract Infections and Pneumonia among Older Adults in the United Kingdom: A Population-Based Study. PLoS ONE, 8(9), e75131. https://doi.org/10.1371/journal.pone.0075131
- 7. Dadonaite, B., & Roser, M. (2018). Pneumonia. Retrieved February 26, 2021, from https://ourworldindata.org/pneumonia
- 8. Global Burden of Disease Collaborative Network. (2018). Global Burden of Disease Study 2017 (GBD 2017) Results. Seattle, United States
- World Health Organization. (2020). Immunization Agenda 2030. Retrieved from https://www.who.int/teams/immunization-vaccines-and-biologicals/strategies/ia2030
- 10. NHS UK. (2019). NHS vaccinations and when to have them. Retrieved February 28, 2021, from https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/
- 11. Ipsos Healthcare. (2016). PneuVUE report: a new view into pneumonia among older adult.
- 12. Rechel, B., Richardson, E., & McKee, M. (2019). The organization and delivery of vaccination services in the European Union (2018). World Health Organization. Retrieved from https://www.euro.who.int/en/publications/abstracts/the-organization-and-delivery-of-vaccination-services-in-the-european-union-2018
- 13. NHS UK. (2019). Pneumococcal vaccine overview. Retrieved February 28, 2021, from https://www.nhs.uk/conditions/vaccinations/pneumococcal-vaccination/
- NHS Services London England UK. (n.d.). vaccinations. Retrieved February 28, 2021, from https://myhealth.london.nhs.uk/help/vaccinations/
- 15. NHS UK. (n.d.). Vaccinations. Retrieved February 28, 2021, from https://www.nhs.uk/conditions/vaccinations/
- 16. NHS UK. (2019). Who should have the pneumococcal vaccine? Retrieved February 28, 2021, from https://www.nhs.uk/conditions/vaccinations/when-is-pneumococcal-vaccine-needed/
- 17. Package Leaflet: Information For The User. (2019). Retrieved February 28, 2021, from https://www.medicines.org.uk/emc/files/pil.1061.pdf
- 18. NHS UK. (n.d.). Pneumonia. Retrieved February 28, 2021, from https://www.nhs.uk/conditions/pneumonia/
- 19. Public Health England. (2016). Vaccines throughout life: infographic. Retrieved February 28, 2021, from https://www.gov.uk/government/publications/vaccines-throughout-life-infographic
- 20. Public Health England. (2016). Vaccines throughout life: infographic. Retrieved February 28, 2021, from https://www.gov.uk/government/publications/vaccines-throughout-life-infographic
- 21. Public Health England. (2020). Pneumococcal: the green book, chapter 25. Retrieved February 28, 2021, from https://www.gov.uk/government/publications/pneumococcal-the-green-book-chapter-25
- 22. Public Health England. (2020). Pneumococcal polysaccharide vaccine: patient group direction template. Retrieved February 28, 2021, from https://www.gov.uk/government/publications/pneumococcal-polysaccharide-vaccine-ppv-patient-group-direction-pgd-template
- 23. Age UK. (2020). 9 Health tests that could save your life for over 50s. Retrieved February 28, 2021, from https://www.ageuk.org.uk/information-advice/health-wellbeing/health-services/health-tests-that-could-save-your-life/
- 24. Age UK. (2021). Staying healthy and warm in winter. Retrieved February 28, 2021, from https://www.ageuk.org.uk/information-advice/health-wellbeing/keep-well-this-winter/stay-healthy-in-winter/
- 25. Age UK. (2020). Winter wrapped up. Retrieved from www.ageuk.org.uk/readers-panel.
- 26. Age UK. (2019). Healthy living Looking after yourself physically and mentally. Retrieved from www.ageuk.org.uk/readers-panel.
- Age UK. (2020). NHS services. Retrieved from https://www.ageuk.org.uk/globalassets/age-uk/documents/factsheets/fs44\_nhs\_services\_fcs.pdf



- 28. Diabetes UK. (2014). Influenza and pneumococcal vaccinations (october 2014). Retrieved from https://www.diabetes.org. uk/professionals/position-statements-reports/diagnosis-ongoing-management-monitoring/influenza-and-pneumococcal-vaccinations
- 29. Diabetes UK. (2020). Extraordinary flu protection 2020-21. Retrieved from https://www.diabetes.org.uk/resources-s3/public/2020-07/Extraordinary%20flu%20protection%202020-21%20position%20statement.pdf
- 30. Diabetes UK. (2013). Keep free from flu this winter. Retrieved from https://www.diabetes.org.uk/about\_us/news\_landing\_page/keep-free-from-flu-this-winter2
- 31. British Lung Foundation. (2019). Preventing pneumonia. Retrieved February 28, 2021, from https://www.blf.org.uk/support-for-you/pneumonia/prevention
- 32. British Lung Foundation. (2020). Keeping well in the cold: what you can do. Retrieved February 28, 2021, from https://www.blf.org.uk/support-for-you/cold-weather
- 33. British Lung Foundation. (2018). Tips from other carers. Retrieved February 28, 2021, from https://www.blf.org.uk/support-for-you/carers/tips-from-carers?fbclid=lwAR24p3MDdGsqJt2GWpU0oVoA7jLdFHJLueue8zSs5TLONnWAS5knFraV340
- 34. British Heart Foundation. (n.d.). How to beat the cold. Retrieved from https://www.bhf.org.uk/informationsupport/heart-matters-magazine/medical/beat-the-cold
- 35. British Heart Foundation. (n.d.). Cold weather and your heart. Retrieved from https://www.bhf.org.uk/informationsupport/support/practical-support/cold-weather
- 36. British Heart Foundation. (n.d.). Flu. Retrieved from https://www.bhf.org.uk/informationsupport/support/practical-support/seasonal-influenza
- 37. British Heart Foundation. (2021). Coronavirus vaccine: your questions answered. Retrieved from https://www.bhf.org.uk/informationsupport/heart-matters-magazine/news/coronavirus-and-your-health/coronavirus-vaccine-your-questions-answered
- 38. Yifan, M., & Barratt, J. (2020). Changing the Conversation on Adult Influenza Vaccination Overview: England.
- 39. Yifan, M., Barratt, J., & Sangster, A. (2020). Messages Matter: A Spotlight on Influenza Vaccination Campaigns.



International Federation on Ageing 1 Bridgepoint Drive, Suite G.238 Toronto, ON, M4M 2B5, Canada

www.vaccines4life.com

Published April 2022 © Vaccines4Life