

a contribution to the  
**Decade  
of healthy  
ageing**

**ifa** / **2023** 16th International  
Federation on Ageing  
Conference

# Models of Integrated Long-term Care

## Principles and Practice

27th June 2022, Bangkok  
IFA 16th Global Conference on Ageing

By International Federation on Ageing

**ifa** International  
Federation on  
Ageing

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## INTRODUCTION

Challenge – Transformation – Change the theme of the global conference is set against the backdrop of important international agendas on population ageing and health, including the Madrid International Plan of Action on Ageing, the UN Decade of Healthy Ageing (2021-2030), as well as the Immunisation Agenda 2030, that all align and intersect with the 2030 Agenda for Sustainable Development.

Five key themes – digital technologies, older women, maintaining and improving function, immunisation, and age-friendly environments – frame the conference which acts as both a regional and global platform for attendees to connect, engage with, listen to, and learn from diverse experts and thought leaders.

## CONCEPT NOTE

Preceding the [IFA 16th Global Conference on Ageing](#) the International Federation on Ageing in collaboration with organizations in the region are convening a closed meeting of experts on Models of Integrated Long-term Care – Principles and Practice.

The goal of the meeting is to *improve understanding of the current work on models of long-term care (LTC) in the context of the global guiding documents on population ageing and the World Health Organization LTC framework*. It is designed for both policymakers and practitioners to understand better the complexity that makes up a LTC system.

Participants will share good practices and lessons learned and hear firsthand how to improve connections between formal and informal care leading to a better quality of life of older people. The meeting will also recognize the important role of caregivers and discuss how they can be supported in providing long-term care.

<b>Meeting</b>	Models of Integrated Long-term Care – Principles and Practice
<b>Experts</b>	<p>This is a unique forum for senior government officials, key service providers, Secretaries of State and thought leaders to discuss good practices and lessons learned on integrated, continuous long-term care models and practices.</p> <p>Delegates will showcase good practice examples and hear firsthand how to improve connections between formal and informal care leading to a better quality of life of older people. The meeting will also recognize the important role of caregivers.</p>
<b>Venue</b>	Bangkok Marriott Marquis Queen’s Park
<b>Date</b>	27 June 2023
<b>Time</b>	8:00 a.m. to 4:00 p.m.

## Meeting Program Outline

**1.** How to define the goals of care beyond health measures to capture the essential elements of quality of life that will genuinely add life to years for those in need or in receipt of long-term care (LTC).

Topics to be explored include:

- a. What is quality of life for older persons who require long-term care?
- b. Beyond the binary of healthy and unhealthy life spans, what does it mean to still have an active life span, even in the face of significant disabilities and decline in physical and mental health?
- c. Are there any models of LTC that prioritize quality of life?

**2.** Journeying through the continuum of care that is needed for healthy ageing to healthy dying under the LTC umbrella.

- a. How do we realign health and social services to older populations by supporting the dual priorities of living as well as possible while adapting to gradual functional decline right onto death?
- b. What are the essential services and building blocks needed for this type of LTC system?

**3.** Reforming current financing systems for LTC that incentivizes quality of care based on quality-of-life thinking.

- a. Instead of providing rewards for mere volume of care, discrete episodes of care (instead of a continuum) or paying for services that are built on a health-care payment system.
- b. What is quality of care when seen through the lens of quality of life?

**4.** How do low-, middle- and high- income countries plan for LTC based on this principle of care for quality of life?

- a. What is feasible? What is doable? What is different in low- and middle-income countries compared to high-income countries?
- b. Is there a system and place for progressive, step-by-step development of LTC systems that does not lose sight of quality of life and quality of care goals?

## Meeting Program Outline

5. What can low - and lower-middle income countries learn from high income countries, both good and bad and vice versa?

a. What to avoid?

b. What to adopt?

c. And, what to do right from the beginning given the opportunity to build systems from scratch?

6. Finally, LTC systems are not all about costs, LTC opens up new economic areas for consumption, services and support. The future face of how health and social care systems must change to meet the growing needs of a longer-lived society, therefore, how does this change:

a. The role of policies for managing longer lives (longevity) in countries? The views of decision makers and policy makers?

b. The role of health and social care practitioners?

c. The role of the family and family caregivers?

d. The underlying economy of a longevity-based society?

## DRAFT PROGRAM

8:00 a.m. – 8:25 a.m.	<b>Registration</b>			
8:25 a.m. – 8:30 a.m.	<b>Welcome: Mr. Graeme Prior, IFA President - Australia</b>			
8:30 a.m. – 8:40 a.m.	<b>Welcome: Mr. Bernard Chan - Chairperson of Hong Kong Council of Social Service - Hong Kong (China)</b>			
8:40 a.m. – 9:00 a.m.	<b>Opening Remarks - Dr. Sabine Henning</b> Chief, Sustainable Demographic Transition Section, Social Development Division United Nations Economic and Social Commission for Asia and the Pacific - Thailand			
9:00 a.m. – 9:40 a.m.	<b>Setting the Scene and Overview of LTC Models: Types and Range - Dr. Mary Ann Tsao</b> Chairman and Founding Director of the Tsao Foundation - Singapore			
9:40 a.m. – 10:10 a.m.	<b>WHO LTC Framework - Range and Types of LTC Models in LMICs and HICs - Dr. Vânia de la Fuente-Núñez</b> (Former) Technical Officer Demographic Change and Healthy Ageing Unit, World Health Organization - Geneva. Independent Senior Consultant - Healthy Ageing & Global Health - Spain.			
10:10a.m. - 10:30a.m.	<b>Health Break</b>			
10:30 a.m. – 11:45a.m.	Long -term Care Matters for Life - Delivering Quality of Life Outcomes in a Person-Centred			
	Mr. (Paul) Chi Keong Ong Chief Strategy Officer Tsao Foundation Singapore	Dr. William E. Reichman President and CEO Baycrest Canada	Ms. Grace Chan Business Director of the Hong Kong Council of Social Service Hong kong, China	Ms. Tran Bich Thuy Country Director HelpAge International Vietnam
11:45a.m. - 12:45p.m.	<b>Lunch</b>			

<p><b>12:45 p.m. – 2:00 p.m.</b></p>	<p>Current Status of Care Systems and Policy Environments - Challenges &amp; Opportunities for Progressive Development &amp; Policy Innovations</p>			
<p>Ms. Meredith Wyse</p> <p>Senior Social Development Specialist – Aging and Care Asian Development Bank Thailand</p>	<p>Dr. Sakarn Boonnag</p> <p>Executive Director ASEAN Centre for Active Ageing and Innovation (ACAI) Thailand</p>	<p>Ms. Diane Turner</p> <p>Director, Office for Seniors at Ministry of Social Development (MSD) New Zealand</p>	<p>Dr. Prakash Tyagi</p> <p>Executive Director Gramin Vikas Vigyan Samiti (Gravis) India</p>	
<p><b>2:00 p.m. – 2:20 p.m.</b></p>	<p><b>Health Break</b></p>			
<p><b>2:20 p.m. – 3:35 p.m.</b></p>	<p>Moving forward in 2023: Identifying the 3 Top Priorities for LTC Development or for the Planning of New LTC Systems - What to Tackle First?</p>			
<p>Dr. Rintaro Mori</p> <p>Regional Adviser (Population Ageing and Sustainable Development) United Nations Population Fund - Asia and the Pacific Regional Office Thailand</p>	<p>Dr. Yongjie Yon</p> <p>Technical Officer Ageing and Health WHO Regional Office Denmark</p>	<p>Dr. Jaco Hoffman</p> <p>Professor of Socio-Gerontology at North-West University (Vanderbijlpark Campus) South Africa</p>	<p>Mr. Kevin G. Orr</p> <p>Co-founding President, Life Sciences &amp; Medical Development Foundation; Vice President &amp; CIO, Winner Medical Group Hong Kong SAR China</p>	
<p><b>3:35 p.m. – 4:00 p.m.</b></p>	<p><b>Open Discussion Forum</b></p> <p><b>Moderator: Mr. Dan Levitt</b> Chief Executive Officer of Kin Village.</p>			

## BACKGROUND

Approximately two-thirds of people who achieve old age are likely to need care and support from others at some point, to perform activities of daily living, such as eating, moving around or bathing. Such needs may arise suddenly, as a consequence of an acute problem or event, or may develop gradually over time. Irrespective of why a person might need long-term care, many countries around the world are currently unable to deliver long-term care services and support to older people who need it.

In 2022, one in seven people are aged 60 years or older in Asia and the Pacific. By 2050, one in four people are projected to belong to this age group. Thus, the share and the number of older persons in the region is growing very fast, and compared to other world regions, at an unprecedented pace. Although population ageing is a human success story – the result of improved public health and medical advancements, and overall socioeconomic development – it also presents challenges that are exacerbated when it occurs rapidly and affects a large number of people.

Long-term care is for life. The question of what “for life” means, is central to the problems and confusion confronting the sector. It is a question of both duration (of care) and purpose (outcomes to be achieved). The LTC sector suffers from a lack of systematic approaches because of these confusions.

The decline in older people that LTC seeks to address may be due to physical or mental or cognitive conditions or a combination of all of the above. Support provided by LTC is usually to support declining functional ability. It is usually provided in institutions, at home or in the community, depending on the degree, type and cause of the functional limitations that need to be addressed. The causes could be due to health reasons, or else, also due to environmental, social or economic stressors.

Therefore, the nature of LTC necessarily includes both health and social services –it is always beyond health alone.

The OECD Report “Help Wanted? Providing and Paying for Long-Term Care” points out that it is anything but straightforward to separate out these two components of LTC. This report demonstrates that different countries can report the same spending item under health or under social services. Oftentimes this follows the division of responsibilities for LTC across the different government sectors. This report emphasizes that total LTC spending is calculated as the sum of long-term health care and social services for long-term care.

The lack of clarity in most countries about the boundaries and intersections between health and social care is also mostly responsible for the confusion over LTC.

Almost 20 years ago, United Nations Member States recognized that – due to the historic shift from high to low levels of mortality and fertility, coupled with increased longevity, or the demographic transition – the world was undergoing a transformation from a mostly youthful population to a population with a growing share of older persons. In order to address the challenges and opportunities of this transformation, and to build a society for all ages, they adopted the Madrid International Plan of Action on Ageing, the global guiding framework on this topic.



## GUIDANCE TO COUNTRIES ON LONG-TERM CARE

To support countries to develop or strengthen their long-term care systems and services, WHO has released a new [Framework for countries to achieve an integrated continuum of long-term care](#). The framework was developed in consistency with the existing strategy, action plan and frameworks on healthy ageing, and was based on the latest evidence and consultations with a range of stakeholders including WHO's expert advisory group, Global Network on Long-term Care.

Through the framework, WHO aims to provide guidance by highlighting key components of long-term care systems to support countries in their journey to establish sustainable and equitable long-term care provision. The framework is primarily intended to be used by governments and policymakers and provides a checklist which helps to assess existing long-term care systems, identify potential gaps, and ultimately help in planning for next implementation steps.

As outlined in the new framework, the long-term care systems and services should:

- Be person centred and aligned with the person's values and preferences.
- Optimize functional ability over time and compensate for loss of intrinsic capacity.
- Be provided in the community.
- Provide integrated services in a continuum.
- Include services that empower the older person; and
- Emphasize support for carers and care workers.

## WHAT IS INTEGRATION IN LONG-TERM CARE?

Integrated long-term care (LTC) is **delivered by a multidisciplinary team of professionals working collaboratively to meet the full range of patient needs**. Team members plan care jointly and share patient records; in some cases, care is coordinated by a nurse care manager.

In September 2022 the United Nations, Economic and Social Commission for Asia and the Pacific (ESCAP) released the report: [Asia-Pacific Report on Population Ageing 2022: Trends, policies and good practices regarding older persons and population ageing \(ST/ESCAP/3041\)](#).

The report was prepared as a follow up to the Asia-Pacific Intergovernmental Meeting on the Fourth Review and Appraisal of the Madrid International Plan of Action on Ageing, convened from 29 June to 1 July 2022. It brought together documents prepared for the review and appraisal process, including voluntary national survey responses by ESCAP members and associate members, summaries of consultations with civil society organizations, and the report and outcome document adopted at the intergovernmental meeting. It combines qualitative and quantitative analysis at national, subregional and regional levels, and considers good practices and lessons learned in national implementation, while addressing emerging issues, such as the COVID-19 pandemic, climate change and digital transformations

The report identifies a series of recommendations in three (3) main focus areas.

1. Older Persons and Development
2. Older Persons, Health and Well-being
3. Ensuring Enabling and Supportive Environments

The planned meeting in Bangkok, Thailand, 27 June 2023 targeted towards government, key service providers and expert health care professionals will examine one (1) of the recommendations contained in Older Persons, Health and Well-being and specifically:

- Develop and implement high-quality, integrated and flexible long-term care systems with public, private and community providers that foster a community-based and ageing-in place approach, including comprehensive mental health services. In this regard, promote long-term care as a positive social and economic care and employment strategy, while recognizing the contributions and enhancing the capacities of formal and informal caregivers and volunteers, including family members.

The question of “how to design an integrated, person-centred care for older persons and their caregivers living with complex health needs” has never been more important in the Asia-Pacific region.

As older persons, their families and their health professionals reflect on tremendous losses experienced during the COVID-19 pandemic, and as the region enters a phase of health system transformation, it is critical that the way forward be guided by new ways of thinking about health service design for older persons. Many governments across the region are designing new ways of organizing health services, prioritizing older persons living with complex health needs in their planning.

The time is right for evidence-informed, practical guidance that describes how to action integrated and flexible long-term care systems of care for older people.

## **TRANSFORMING CARE FOR OLDER PERSONS LIVING WITH COMPLEX & CHRONIC HEALTH ISSUES**

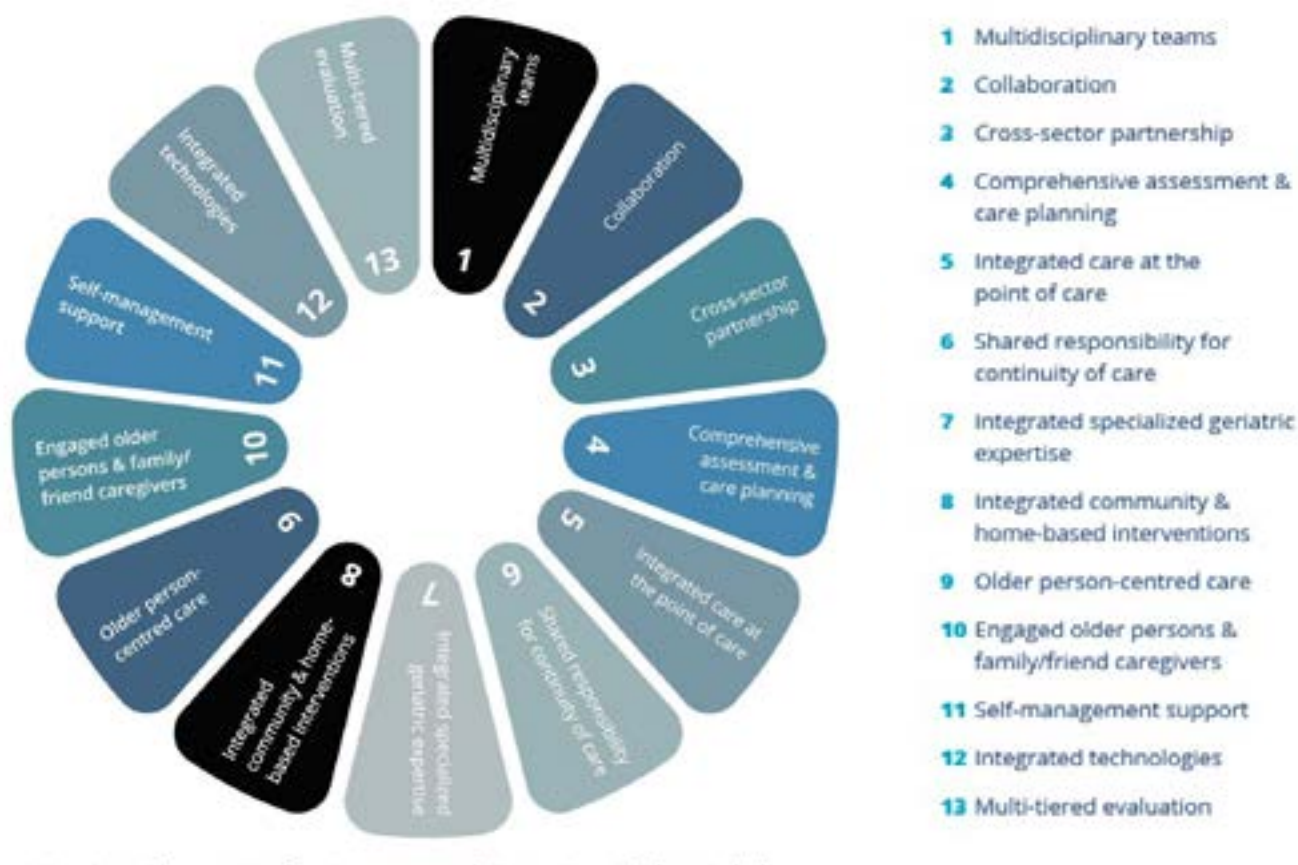
The growing number of older persons living with complex and chronic health issues accessing health system necessitates a new approach to the distribution of finite health resources and specific attention to issues of quality care. Integrated care is a collaborative approach to service delivery that establishes health partnerships across disciplines (e.g., nursing, medicine, physiotherapy, etc.) and sectors or types of care (e.g. primary, specialty, acute, community, long-term care, etc.).

This approach represents an important next step in the region’s health system transformations as it brings together resources from across the system of care that can effectively address the interrelated physical, mental and social health issues of older persons. An integrated care approach can produce holistic, comprehensive, seamless and accessible care across the health and social services spectrum.

To deliver quality services for older persons living with complex and chronic health issues and responsibly contain healthcare costs, it will be important to define the role of specialized health care services within the broader integrated care landscape.

In a [scoping review report](#) (August 2020) published by the Ontario, Canada Provincial Geriatrics Leadership Office, *Designing Integrated Care for Older Adults Living with Complex and Chronic Health Needs: A Scoping Review* thirteen (13) elements were identified to achieve integrated care.

## DESIGN ELEMENTS OF INTEGRATED CARE RELEVANT TO THE CARE OF OLDER PERSONS LIVING WITH COMPLEX AND CHRONIC HEALTH ISSUES



The elements of practice identified in this review described the key structures and processes used to operationalize design elements in practice. Analysis revealed that most models of integrated care operationalize the design elements of integrated care at a basic level. However, models that displayed the greatest degree of alignment between the overall value of integrated care and practice (called value/practice alignment) operationalized the design elements of integrated care at advanced levels.

## POLICY & PRACTICE IMPLICATIONS

Much can be learned from good-practice models in the literature to inform policy and practice change in older persons' care. Policies must be in place at program and system levels to support practice-level change. The meeting in Bangkok, Thailand can be used to:

- Create greater awareness of the full spectrum of design elements associated with current approaches to integrated care for older persons;
- Inform the planning and implementation of integrated care interventions.
- Ensure value/practice alignment; and
- Inform the assessment of integrated care interventions at micro, meso and macro levels using quality improvement approaches.

Anticipated outcomes of the Bangkok meeting would strengthen the integration of integrated long-term care services across the health and social service systems in the region with broad agreement on key elements for success:

- Integrated service delivery solutions that go beyond multidisciplinary teams.
- Initiatives that join-up knowledge, expertise and resources across the health and social services spectrum.
- Broad-scale regional training initiatives in the basic care of older persons.
- Enhanced opportunities for older persons and family/friend caregivers to play an active role in the care process.
- Emerging technologies to support integrated care practice; and
- Indicators that measure the impact of integrated care at micro, meso and macro levels.

### **ABOUT THE IFA 16TH GLOBAL CONFERENCE ON AGEING: "CHALLENGE – TRANSFORMATION – CHANGE"**

The proposed IFA: Officials Meeting will be held in conjunction with the IFA 16th Global Conference on Ageing which will be held at the Bangkok Marriott Marquis Queens Park from the 27th of June to the 30th of June 2023 with approximately 900 delegates in attendance.

The 16th Global Conference on Ageing is set against the backdrop of important international agendas that align with the UN Madrid International Plan of Action on Ageing and intersect with the UN Decade of Healthy Ageing. The launch of the Decade prompted the IFA to publicly pledge to view all work streams through the lens of the four action areas – combatting ageism, integrated care, long term care and age-friendly environments. Our outward facing strategy reflects knowledge creation and mobilization, advocacy to influence policy and innovative communication strategies that transform and make sense of these areas in an applied way.

Unlike previous conference we are boldly focusing only on five themes – age-friendly Environments, digital technologies and practice, maintaining and improving function, immunization for all ages and older women which will be seen the lens of both the actions areas and enablers.

Our pledge is a statement of purpose for which there are different yet aligned narratives from government, nongovernment, industry and academia. It is both the alignment and the connectedness of the action areas with global agendas such as the Madrid International Plan of Action on Ageing, the Immunization Agenda 2030, the 13th General Program of Work, the WHO Report on Hearing, the UN Sustainable Development Goals that creates that tapestry which is a work in progress across all sectors and all disciplines.

For IFA the Decade is almost in our DNA, with the action areas being the spine and the enablers being the mechanisms through which we build community, assess policy and measure change across these years and beyond.

## **ABOUT THE IFA**

The International Federation on Ageing fondly known as “IFA” is an international non-governmental organization (NGO) whose members are government, NGOs, academia, industry, and individuals in nearly 80 countries.

IFA stands to drive the agenda for the world’s population ageing. We are proud to have general consultative status at the United Nations and be a non-State actor in official relations with the World Health Organization. IFA is a global point of connection and experts and expertise through meaningful engagement of multi stakeholders across sectors and disciplines.

## SPEAKERS PROFILE



### **Mr. Graeme Prior**

*IFA President*

*Australia*

Mr. Graeme Prior is the President of the International Federation on Ageing. Mr Prior has a long-term commitment to health and care of the elderly, being a co-founder and CEO of Hall & Prior; which began with a single family-owned nursing home and now operates 33 aged care communities and 3 home care services across Australia, offering world-class care to over 2000 clients and employing approximately 2,500 permanent staff.

He holds a Bachelor of Commerce from the University of Western Australia and is a chartered accountant. Having worked with the top four international accounting firms, Mr Prior recognised his passion for aged care while running his own accounting practice. Giving back to the local community while advocating for aged care globally has always been the cornerstone of his business ethos.

Along with his passion for the industry, he has an innate understanding of the issues facing aged care; his commitment to supporting research and education and significant sector investment, including designing and building new, world-class aged care homes that respond to Australia's growing demand for quality aged care choices in both workforce and care outcomes.

In addition to the IFA Presidency, he also holds the positions of; Board Member of Baycrest Health Sciences; Deputy Chairman of the CRC for Mental Health and Chairman of Audit and Risk Committee; Acting Chairman of the Australian Aged Care Workforce Industry Council; Committee Member of the National Aged Care Advisory Committee (ministerial appointment); Chairman of Australian Alzheimer's Research Foundation, Board Member of ADNeT Ltd (Australian Dementia Network Ltd) and member of the Steering Committee - National Comprehensive Dementia Centre.



### **Mr. Bernard Chan**

*Chairperson of Hong Kong Council of Social Service*

*Hong Kong, China*

Mr. Chan is the Chairman & President of Asia Financial Holdings Ltd., Chairman of Asia Insurance Co. Ltd., Executive Vice Chairman of Our Hong Kong Foundation and Chairman of M Plus Museum. He is also Chairman of the Hong Kong - Thailand Business Council, a director of Bumrungrad Hospital Public Company in Thailand and an advisor to Bangkok Bank (China) Co. Ltd.

He previously served as a Hong Kong Deputy to the National People's Congress of the People's Republic of China, the Convenor of the Non-Official Members of the Executive Council, Member of the Legislative Council, Chairman of the Hong Kong Palace Museum, Chairman of the Council of Lingnan University, the Council for Sustainable Development and the Antiquities Advisory Board. He was awarded the Gold Bauhinia Star in 2006 and the Grand Bauhinia Medal in 2020.



**Dr. Sabine Henning**

*Chief, Sustainable Demographic Transition Section, Social Development Division  
United Nations Economic and Social Commission for Asia and the Pacific  
Thailand*

Dr. Henning currently leads work on population and development, ageing, migration, and youth with a focus on research, capacity-building, and intergovernmental support. From 2015-2018, Ms. Henning was Senior Population Affairs Officer, heading the Office of the Director, Population Division, Department of Economic and Social Affairs, overseeing personnel and programme management, and serving as focal point for the Commission on Population and Development.

From 2000 to 2015, she served successively in the Division's Population Estimates and Projections Section, the Population and Development Section, the Migration Section and the Population Policy Section. She has been involved in UN interagency work and coordination for over 15 years and supported capacity-building of Member States throughout Asia and the Pacific. She co-authored UN reports, such as the Asia-Pacific Report on Population Ageing 2022 and the Asia-Pacific Migration Report 2020, published in peer-reviewed journals, and serviced numerous intergovernmental meetings and high-level events at UN Headquarters and ESCAP.

Ms. Henning has a Ph.D. in Geography with a doctoral-level certificate in Demography from the University of Colorado at Boulder, and a five-course, professional and graduate-level certificate in Strategic Management from Harvard University.

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**Dr. Mary Ann Tsao**

*Chairman and Founding Director Tsao Foundation  
Singapore*

Dr. Mary Ann Tsao is a champion of eldercare and ageing issues. As chairwoman and founding director of the Tsao Foundation, Dr Mary Ann Tsao is walking in the footsteps of her grandmother, Tsao Ng Yu Shun, in empowering older adults. Founded in 1993, the foundation strives to make innovative strides in community-based eldercare, training and education, helping seniors in Singapore to stay healthy and independent.

Over the years, the Tsao Foundation has engaged in various initiatives aimed at fostering a community-based approach to eldercare. These include the launch of the Community for Successful Ageing (ComSA) at Whampoa in 2015, which advocates good health through self-care and community action to support positive ageing, and provides effective bio- and psychosocial healthcare for elders.

The non-profit organisation also partnered with the Asian Development Bank in a US\$2.5 million project to boost the eldercare capacity of the region, and launched Rumah Whampoa, a travelling exhibition featuring photography, collectibles and personal stories from older adults living in Whampoa, in 2018.

Dr. Tsao has also served as technical adviser with the World Health Organization's Ageing and LifeCourse unit, the Asean Secretariat, and international NGO HelpAge.



**Dr. Vânia de la Fuente-Núñez**

*(Former) Technical Officer Demographic Change and Healthy Ageing Unit, World Health Organization - Geneva*

*Independent Senior Consultant - Healthy Ageing & Global Health - Spain*

Dr. Vânia de la Fuente-Núñez is a medical doctor, and a social and cultural anthropologist who works as an independent senior consultant in healthy ageing, offering technical and strategic advice to different entities around the world to help improve the lives of older people, their families, and communities.

Before working as an independent consultant, Dr de la Fuente-Núñez worked as an international civil servant for the World Health Organization for more than eight years. In this role, she was responsible for the Global Campaign to Combat Ageism, co-authoring the landmark Global Report on Ageism of the United Nations. She also led the area of capacity building on healthy ageing, implementing innovative learning programs and supporting the development of policies and programs in countries and regions around the world. She further contributed to the launch of WHO's Global Observatory for Health Research and Development and supported the Secretariat of the WHO Research Ethics Committee during the 2014-15 Ebola outbreak.

Previously, Vânia worked with different NGOs and research institutes in high- and low-income countries, including Spain, Senegal, and The Gambia.



**Mr. (Paul) Chi Keong Ong**

*Chief Strategy Officer, Tsao Foundation  
Singapore*

Associate Professor Paul Ong is the Chief Strategy Officer of the Tsao Foundation, where he is involved in shaping the strategic direction of innovations, policy initiatives and services at the Tsao Foundation for population ageing, active lifespans and the primary care of older people. He is also concurrently, adjunct Associate Professor at the College of Nursing and Health Sciences at Flinders University, Australia, in Ageing Studies.

Over the years, the Tsao Foundation has engaged in various initiatives aimed at fostering a community-based approach to eldercare. These include the launch of the Community for Successful Ageing (ComSA) at Whampoa in 2015, which advocates good health through self-care and community action to support positive ageing, and provides effective bio- and psychosocial healthcare for elders.

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Dr Tsao has also served as technical adviser with the World Health Organization's Ageing and Life-Course unit, the Asean Secretariat, and international NGO HelpAge.





**Dr. William E. Reichman**

*President and CEO, Baycrest  
Canada*

Dr. William E. Reichman, an internationally known expert in geriatric mental health and dementia care, is President and CEO of Baycrest, one of the world's premier centres focused on aging, seniors' health and residential care and brain function. Dr. Reichman also serves as President and CEO of two commercial subsidiary firms, Cogniciti and Baycrest Global Solutions. He holds an academic appointment as Professor of Psychiatry in the Faculty of Medicine, at the University of Toronto.

Dr. Reichman is the current President of the International Psychogeriatric Association and is a former president of the American Association for Geriatric Psychiatry and the Geriatric Mental Health Foundation. He has advised the World Health Organization and several levels of government in the United States, Canada and China on the impact of an aging society on health care demand and the mandate to support innovative approaches to service delivery. He has been instrumental in the development of Canada's new National Dementia Strategy and co-chairs the federal panel overseeing its implementation across the nation

Dr. Reichman was the founder and inaugural Chair of the Seniors Quality Leap Initiative, a collaborative of prominent eldercare organizations and their affiliated universities in the United States and Canada, working together to advance the effectiveness of long-term care across the globe.

Among honors received, Dr. Reichman was named among the Best Doctors in America and Canada and has been recognized by the New Jersey Society on Aging as Gerontologist of the Year. He was awarded an honorary Doctor of Laws degree from Canadian-based OCAD University for his work in advancing innovation in seniors care. Dr. Reichman is a recipient of a Telly Award for an educational documentary film that he co-created and hosted entitled, Reflections of Memory Lost: Understanding Alzheimer's disease.



**Ms. Grace Chan**

*Business Director, Hong Kong Council of Social Service  
Hong Kong, China*

Grace Chan has dedicated over 26 years of her career to social welfare, and currently serves as the Business Director of the Hong Kong Council of Social Service (HKCSS). She is also a member of the Board of Directors and the International Vice President of the International Federation on Ageing, demonstrating her commitment to improving the lives of older adults.

Ms Chan's extensive experience in the field of ageing has led to numerous appointments and accolades. In 2013, she was invited to join the Strategic Advisory Group for the WHO Global Network of Age-friendly Cities and Communities. She has also served as a member of the Elderly Commission and currently sits on several committees and boards in the statutory bodies of Hong Kong.

Ms Chan's areas of expertise include long-term care, age-friendly cities and communities, elderly participation, lifelong learning, and innovation and technology for ageing. In 2017, she established the team of Innovation and Technology for Ageing at HKCSS and led the development of several innovative services, including the Gerontechnology Platform, Jockey Club "age at home" Gerontech Education and Rental Service, and Stair Climbing Service. Her contributions to the field were recognized in 2019 when she was awarded the Ageing Asia Global Ageing Influencer. This honour recognizes outstanding achievements by influential leaders impacting ageing in the Asia Pacific. In 2022, Ms Chan was honoured with the Most Successful Women Award, Hong Kong's leading women's media, in recognition of her achievements and contributions to society.

Ms Chan's leadership and dedication have made a significant impact in the field of ageing, and she continues to be a driving force for positive change.

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**Ms. Thuy Tran**

*Country Director, HelpAge International Vietnam*

Ms Thuy Bich Tran is the country director of HelpAge International in Vietnam. She holds a master's degree in development management from Asian Institute of Management (AIM). She has 25 years of experience working in the development area and of those, 15 years working in the area of ageing. She is one of the founders of a community-based, comprehensive and affordable model in Vietnam, so called Intergenerational Self-Help Clubs (ISHCs), which promotes healthy and active ageing in Vietnam using community-driven development approach.

From an international funded project model, the ISHC has now become the national model which has been promoted to scale up by the government. Currently Ms Thuy Bich Tran and her team in Vietnam provides technical support for both national and local partners including Association of the Elderly in replicating the model.

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**Ms. Meredith Wyse**

*Senior Social Development Specialist, Aging and Care Asian Development Thailand*

Meredith specializes in aging and care. She has extensive experience working in the Asia-Pacific region on issues related to adaptations to population aging and older persons, with a specific focus on long-term care systems. Prior to joining The Asian Development Bank (ADB), Meredith worked for HelpAge International in a range of senior management roles, where she worked on initiatives related to social protection, community development, health and care and humanitarian responses.



**Dr. Sakarn Bunnag**

*Executive Director, ASEAN Centre for Active Ageing and Innovation (ACAI), Thailand*

Dr. Sakarn Bunnag He previously held the position of the Institute of Geriatric Medicine's Director and the Director of the National Institute of Cancer before being appointed to be the director of the Institute of Dermatology, Department of Medical Services, Ministry of Public Health, in May 10, 2023. He is also the Interim Executive Director of the ASEAN Centre for Active Ageing and Innovation (ACAI), an intergovernmental organization of ASEAN member states. ACAI is expected to act as an ASEAN think tank to drive knowledge integration of population ageing and innovation, facilitate capacity building among ASEAN members, and advocate for evidence-informed policies.

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**Ms. Diane Turner**

*Director, Office for Seniors, Ministry of Social Development (MSD) New Zealand*

Diane Turner is the Director of the Office for Seniors in New Zealand. She is focused on working to ensure seniors are valued and acknowledged within society. "We are all ageing. It matters to all of us that New Zealand is a place where we have the opportunity to age positively and well.

Since starting in the role in 2016, Diane has led the Office for Seniors in a range of projects including the development and launch of the Better Later Life – He Oranga Kaumātua strategy. Previously, Diane worked for three years at Te Rūnanga o Ngāi Tahu. While there, she was responsible for leading the contribution of Ngāi Tahu to the earthquake recovery and development of the shared equity home ownership scheme for whānau.

In 2014, she was responsible for the establishment of Te Pūtahitanga o Te Waipounamu (South Island Commissioning Agency), a \$15 million investment fund for building whānau capability, owned by the nine iwi of the South Island. Diane also spent two years with the Canterbury Earthquake Recovery Authority (CERA) as the Deputy Chief Executive of Recovery Strategy, Planning and Policy. She was CEO of the Whakatāne District Council for five years.

Diane has a bachelor's in social sciences from Waikato University, a Bachelors in Town Planning from Auckland University and a Masters in Business Administration from Massey University. She is also a member of the Institute of Directors and a Justice of the Peace.



**Dr. Prakash Tyagi**

*Executive Director, Gramin Vikas Vigyan Samiti (Gravis)  
India*

Dr. Prakash Tyagi, MD, PGDGM, is the Executive Director of GRAVIS and Founder-Director of GRAVIS Hospital. With his global health experience, he has contributed to various international forums and has written frequently on major global health issues with greater emphasis on healthy ageing and priorities.

As the Executive Director of GRAVIS, he has been leading the organization since last 17 years. GRAVIS works extensively in the Thar Desert of India and in other regions, with key focuses on healthy ageing, water security, food security and community health. GRAVIS reaches out to about 1.7 million people living in poverty with its work and has helped formation of over 4,000 Community Based Organizations including Older People Associations and Self-Help Groups. He had founded a rural hospital and currently directs its administration which is an important medical centre in the Thar Desert of India.

Dr. Tyagi is an active development practitioner and public health professional and has contributed significantly to the fields of healthy ageing, HIV, TB and occupational health through his writing, research, and field work. He is also a Clinical Professor at the School of Global Health and Medicine of University of Washington, US.

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**Dr. Rintaro Mori**

*Regional Advisor, Population Ageing and Sustainable Development United Nations Populations Fund Asia and the Pacific Regional Office  
Thailand*

Dr Mori is Regional Advisor on Population Ageing and Sustainable Development at Asia and the Pacific Regional Office of United Nations Population Fund, covering policy responses to both population ageing and low fertility in the region. He is a specialist in global public health, women's and children's health, health system strengthening and sustainability with over 25 years' experience at national and international level.

After paediatric training in Japan, he practised in Australia, Nepal and the United Kingdom as a senior paediatrician and studied epidemiology/public health at the London School of Hygiene & Tropical Medicine before involved in national policy developments in women's and children's health under the Departments of Health in England and Wales. He has also actively been involved in research/aid-works in low- and middle-income countries such as Madagascar, Bangladesh, and Mongolia, as well as policy development and evaluation in health systems and women's and children's health at both national and international level. He successfully facilitated World Health Organization's contributions to the global health policy development at the G8 Toyoko Summit and TICAD IV as a technical officer of World Health Organization in 2008. sustainable social and health care systems in the context of population ageing since 2012, before taking up his current role in 2018.

He is a qualified paediatrician in both Japan (Board Specialist of Pediatrics, Japan Pediatrics Society) and the United Kingdom (Fellow of Royal College of Paediatrics and Child Health) involved in a numerous number of committees of World Health Organization and other international organisations, primarily in the area of women's and children's health for more than 20 years.

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**Dr. Yongjie Yon**

*Technical Officer, Ageing and Health WHO Regional Office  
Denmark*

Dr. Yongjie Yon is a Technical Officer at the World Health Organization (WHO) Regional Office for Europe. He works in the area of Violence and Injury Prevention as well as Healthy Ageing. He supports the coordination of a number of programmatic topics including child maltreatment, road safety and child injury as well as age-friendly environments in Europe. Dr. Yon has conducted research examining abuse over the life course including elder abuse, violence against women and child maltreatment. He was a Doctoral Fellow with the Social Sciences and Humanities Research Council of Canada and received his PhD from the University of Southern California.

Prior to WHO, Dr. Yon worked for the Federal Government of Canada as a Policy Analyst. Dr. Yon has published in leading journals on research relating to public health including ageism, elder abuse, child maltreatment, intergenerational relations, oral health, housing and health disparities.

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**Dr. Jaco Hoffman**

*Ageing and Generational Dynamics in Africa (AGenDA), Optentia Research Unit,  
North- West University - South Africa  
Oxford Institute of Population Ageing, University of Oxford - United Kingdom*

Dr Hoffman (DPhil, Oxon) is Professor of Socio-Gerontology in the Optentia Research Unit, North- West University, where he leads the Ageing and Generational Dynamics in Africa (AGenDA) programme. He is also Professorial Fellow at the Institute of Population Ageing, University of Oxford, where he co-ordinates the African Research Network on Ageing (AFRAN).

He is an Honorary Professor in the Institute of Ageing in Africa, Department of Medicine, Faculty of Health Sciences, University of Cape Town; a past president of the South African Gerontological Association (SAGA) and founding member of the South African Older Persons Forum. Jaco co-directs the International Longevity Centre (ILC) South Africa and is a director of the International Federation of Ageing (IFA) Board. He is also recently appointed as one of 15 Lancet Commissioners on Long-Term Care for Older Persons.



**Mr. Kevin G. Orr**

*Co-founding President,  
Life Sciences & Medical Development Foundation; Vice President & CIO, Winner  
Medical Group  
Hong Kong SAR (China)*

Mr. Kevin Orr is the Group Vice President & Chief Investment Officer of Winner Medical Group, he also serves as Executive Director & General Manager of Winner Medical (Hong Kong) Limited. Mr. Orr has substantial experience in sustainability & strategic impact investment, digital supply chain & new economy development, public health policy advocacy, MedTech development, and established multi-national leading medical device & consumer healthcare brands “Winner Medical” & “PurCotton”.

Mr. Orr holds Master of Public Health degree in Faculty of Medicine at The Chinese University of Hong Kong. Mr. Orr is the first Hong Kong representative received the National Winner of “United Nations SDG Pioneer” 2020, Distinguished Alumni Award of University of Victoria, Young Industrialist Award of Hong Kong in 2019, Distinguished Young Entrepreneur Grand Award of Guangdong-HK-Macao Bay Area in 2020, Forbes China GBA 30 ESG Entrepreneur, and awarded Gold Medals in global stage for universities’ medical technology projects at Inventions Geneva 2023 & Eureka Brussels 2005.

Mr. Orr is the Committee Member of All-China Youth Federation, Co-founding President of Life Sciences & Medical Development Foundation, Vice Chairman of Hong Kong United Youth Association, Vice Chairman of Centum Charitas Foundation, Global Expert Group Member of United Nations Global Compact “Sustainable Healthcare Infrastructure for the BRI to Accelerate the SDGs” Action Platform, Honorary Advisor for the Advisory Committee for Multi-Scale Medical Robotics Center at the research development centre of InnoHK, member of Healthcare & Wellness Training Board of Vocational Training Council under Education Bureau.



**Mr. Dan Levitt**

*IFA Vice President, North America and Chief Executive Officer, Kin Village  
Canada*

Dan Levitt is an acclaimed international speaker, elder care leader, writer, and gerontologist, specializing in helping others to create better lives for older adults. Mr Levitt’s purpose is to teach people how to transform the lives of older adults across the globe. As a popular professional speaker, he has delivered inspiring keynote speeches impacting thousands of people on four continents. He doesn’t tell people where to go but guides them in the direction of where they need to go. His talks leave the audience with a new

mindset on aging needed to thrive in the 21st century.

As the Chief Executive Officer of Kin Village, Dan Levitt shepherds the enhancement of housing, social, and care needs for more than 300 older persons living onsite and thousands of community members with community-based programs, inspiring a team of over 400 employees and volunteers with a commitment to continuously improving the quality of life.

Dan is an Adjunct Professor in Gerontology at Simon Fraser University an Adjunct Professor, School of Nursing, University of British Columbia and a Sessional Instructor, British Columbia Institute of Technology and a Surveyor with Accreditation Canada. He is also the International Vice President of the International Federation on Ageing and a Board Member of CommonAge.

Mr Levitt's adventure exploits have taken him from Africa's highest peak Mt. Kilimanjaro to the Caribbean Sea's coral reefs, from canoeing across the Yukon to racing in the six World Marathon Majors.



International Federation on Ageing

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